

March 2025 ~ At Home In-person and Virtual Events & Activities

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
9:30 ZOOM 'Mixed Media Art Sampler' w Kate Hanlon	10:30 ZOOM Art Matters ~ "American Art Part 1" 2:00 ZOOM At Home Exercise Class		2:00 ZOOM At Home Exercise Class 2:00 'Guided Meditation' w Linda Frederick, Reiki Master Healer & Teacher	10:30 Transportation to Boston Symphony Orchestra
10	11	12	13	14
11:00 ZOOM 'Writing Life' w Barbara O'Neil	2:00 ZOOM At Home Exercise Class	10:00 Transportation to: Museum of Fine Arts	2:00 ZOOM At Home Exercise Class	10:00 Watercolor Workshop 10:30 Transportation to: Boston Symphony Orchestra
17	18	19	20	21
9:30 ZOOM 'Mixed Media Art Sampler' with Kate Hanlon 2:00 Feature Film: "I Am Patrick: The Patron Saint of Ireland"	2:00 ZOOM AH Exercise Class 2:00 Garden Club: 'Horticulture at Zoo New England: Case Studies in Habitat Creation, Sustainability & Shaping Cultural Landscapes"		2:00 ZOOM At Home Exercise Class	
24	25	26	27	28
11:00 ZOOM 'Writing Life' w Barbara O'Neil	2:00 ZOOM AH Exercise Class	10:30 At Home Discussion Group 'How To Live Authentically'	9:30 At Home Day Trip Addison Gallery of American Art 2:00 ZOOM AH Exercise Class	10:00 Watercolor Workshop 10:30 Transportation to: BSO 10:30 "Greenland: A Journey Into the Land of Ice" ~ with photojournalist Barry Pell
31				
	REGISTRATION INFO Please register at least 48 hours prior to a program. Contact the office for event details. 781.276.1910	**EXCEPTION** For our ZOOM exercise class, please contact the instructor directly to sign up for class. (see enclosed flyer).	**SATURDAY MOVIES** (see enclosed flyer)	**A SUNDAY OFFERING** Sunday, March 9 at 2:00 Transportation to: Concord Chamber Music Society