

January 2025 ~ At Home In-person and Virtual Events & Activities

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
<p>REGISTRATION INFO</p> <p>Please register at least 48 hours prior to a program. Contact the office for event details. 781.276.1910</p>	<p>**EXCEPTION**</p> <p>For our ZOOM exercise class, please contact the instructor directly to sign up for class. (see enclosed flyer).</p>		<p>2:00 ZOOM At Home Exercise Class</p> <p>2:00 'Guided Meditation' w Linda Frederick, Reiki Master Healer & Teacher</p>	
6	7	8	9	10
<p>9:30 ZOOM 'Mixed Media Art Sampler' with Kate Hanlon</p> <p>10:30 Feature Film: 'First Peoples: Their Story is Our Story ~ "Australia"</p>	<p>10:30 ZOOM Art Matters ~ "Vincent Van Gogh"</p> <p>2:00 ZOOM At Home Exercise Class</p>		<p>2:00 ZOOM At Home Exercise Class</p>	<p>10:30 Transportation to: Boston Symphony Orchestra</p>
13	14	15	16	17
<p>10:00 Apple iPad, iPhone, Laptop Lab ~ 1:1 instruction w Karen Rudnick</p> <p>10:30 "The Music of the Civil Rights Movement"</p> <p>11:00 ZOOM 'Writing Life' w Barbara O'Neil</p>	<p>2:00 ZOOM AH Exercise Class</p> <p>7:10 pm Play by the Village Thespians "Twelve Angry Jurors"</p>	<p>10:00 Transportation to: Currier Museum ~ Dan Dailey: "Impressions of the Human Spirit"</p> <p>10:30 At Home Discussion Group 'What's on your 2025 To-Do List?'</p>	<p>2:00 ZOOM At Home Exercise Class</p>	<p>10:30 Transportation to: Boston Symphony Orchestra</p>
20	21	22	23	24
<p>9:30 ZOOM 'Mixed Media Art Sampler' with Kate Hanlon</p>	<p>2:00 ZOOM AH Exercise Class</p> <p>2:00 Garden Club: 'Mt. Auburn Cemetery: Landscape of Beauty and Memory' w Margaret Winslow, Curator of Historical Collections</p>		<p>9:30 Day Trip Trinity Church Boston</p> <p>10:00 Poet of the Month: 'Queen Elizabeth I of England' w Dr. Cammy Thomas</p> <p>2:00 ZOOM AH Exercise Class</p>	<p>10:00 Watercolor Workshop</p> <p>10:30 Transportation to: Boston Symphony Orchestra</p>
27	28	29	30	31
<p>11:00 ZOOM 'Writing Life' w Barbara O'Neil</p> <p>10:00 Apple iPad, iPhone, Laptop Lab ~ 1:1 instruction w Karen Rudnick</p>	<p>10:30 Health Lecture: 'Oral Hygiene & How it Affects Overall Health' w Nick Dell'Amore, CWV Speech Language Pathologist</p> <p>2:00 ZOOM AH Exercise Class</p>	<p>12:15 Transportation to: AMC Theatres MET Opera: 'Verdi, Aida'</p>	<p>2:00 'Chomsky & Me: A Memoir' Presentation & Book Signing w author Bev Stohl</p> <p>2:00 ZOOM At Home Exercise Class</p>	<p>10:00 Watercolor Workshop</p>